

# **MEDICAL & NUTRITIONAL ANTHROPOLOGY**

**2001-2002**

**Third Year, BA Anthropology**

**CURRICULUM MATERIALS:**

**MODULE OUTLINE & READING LIST**

**Term 2**

**Dr. Catherine Panter-Brick**

## **INTRODUCTION (Lecture 1)**

Here is the outline for Medical Anthropology (2<sup>nd</sup> term).

## **I. COURSE AIMS**

**Medical Anthropology:**

Medical Anthropology is currently the fastest growing sub-field in Anthropology. This module will encourage a critical examination of the concepts of health, illness and disease, address issues of health care and their practical implications. Other topics include: the measurement of stress and well-being; the impact of disease and determinants of mortality; specific groups at risk of poor health; the synergism between malnutrition and infection; development and health policies in the Third World.

## **II. COURSE STRUCTURE**

There are a total of 10 lectures or videos (five 2 hr slots), two 1 hr seminars, and one revision class.

## **III. SEMINARS**

### **Seminar 1: What is Medical Anthropology?**

Consider all the following questions, and then select one topic for in-depth discussion:

What are the main theoretical approaches within medical anthropology? How do anthropologists evaluate the concepts of health, well-being, illness and disease? How can they contribute to alleviating poverty and illness in the Western and the Third World? Why is the health of women and children of particular concern in many human communities?

Reading suggested:

Brown (especially chapter 1); McElroy and Townsend; Trevathan et al.

Allen and Thomas; Hahn; Justice; Panter-Brick.

Having selected one topic for discussion, please write 1) a short introduction and 2) bullet points outlining the rest of an essay on this topic. You will be asked to read this in class and you will be given a mark for this work.

## **Seminar 2: Formative assessment for Medical Anthropology**

You are asked to prepare a formal introduction and outline an argument in bullet points, having selected one topic from a list of past examination questions (list to be handed out later). You will receive a mark for this work.

# **IV. ESSAY**

You have a choice of titles (these were actual exam questions in the past).

Title 1: "Identify one or two major issues in health care (eg: maternal-child health, the impact of lifestyle on well-being, the formulation of policies for development, the rights versus needs of children in poverty) and discuss their practical applications.

Title 2: It has been argued that aid organisations are international but not as yet intercultural. How could a greater integration of perspectives be achieved? Make sure you discuss a specific issue or examples.

Title 3: Evaluate the associations between infection and malnutrition, and their importance to human health.

Title 4: How does lifestyle contribute to stress? Evaluate recent cross-cultural research.

Title 5: Evaluate the efforts to improve the health of **either** women **or** children as particularly vulnerable groups in society.

Choose one of the above titles. The word limit is 2500 words. The deadline for submission is Friday 16 March 2001 at 1pm. It must be put in my pigeon hole. **NO EXTENSION** of the deadline is allowed - unless approved by the General Office.

## V. OVERALL SCHEDULE

### Epiphany Term 2002 (Medical Anthropology):

Week 10 / Mon 7 Jan	L1: Course outline
	L2: Approaches to Medical Anthropology
Week 11 / Mon 14 Jan	L3: Issues in AIDS/HIV
	L4: Video on AIDS/HIV
Week 12 / Mon 21 Jan	L5: Health Care Policies
	L6: Video 'Role of NGOs/The Bamako Initiative'
Week 13 / Mon 28 Jan	L7: Diarrhoeal diseases
	L8: Case studies: helminth infection / anemia
Week 14 / Mon 4 Feb	No class

Week 15 / Mon 11 Feb            Seminar Groups 1-4

Week 16 / Mon 18 Feb            L9: Stress, health & well-being  
L10: Homelessness and street children 'at risk'

Week 17 / Mon 25 Feb            Seminar Group 1  
Seminar Group 2

Week 18 / Mon 4 Mar            Seminar Group 3  
Seminar Group 4

Week 19 / Mon 11 Mar          Radio Workshop 'anthropology and development'  
UNICEF Video

Fri 15 Mar                        Essay deadline, 3 pm

**Easter Term (revision class):**

Week 20 / 21                    Discussion of a sample of past examination questions

## VI. GENERAL READING

This list is intended as a general guide to further reading. It is deliberately wide to enable each person to cover different grounds (for originality) and explore issues of interest (in depth). A reading list specific to the topics covered during the course is given at each lecture. I have indicated, where known, the shelfmark location of books in the library.

Allen T and Thomas A (eds.) (1992). *Poverty and Development in the 1990s*. Oxford University Press & The Open University.

UNIV/RES SHORT 330.181 POV

UNIV/MAIN LONG 330.181 POV

UCS           OVN 309.11724

Brown PJ (1998). *Understanding and Applying Medical Anthropology*. Mountain View, California: Mayfield Publishing Company.

MAIN 572.614 UND (3 copies) Stockton 306.461 BRO (3 copies)

Coreil, J. and Mull, J.D. (Eds.) (1990). *Anthropology and Primary Health Care*. Westview Press.

572.614 ANT

Currer, C. and Stacey, M. (1986). *Concepts of health, illness, and disease: a comparative perspective*. New York: Berg.

UNIV/MAIN LONG 616CON

UCS   OWL 362.1 CUR

Engel, G.L. (1977). The need for a new biomedical model: a challenge for biomedicine. Science **196**: 129-.

Ennew, J. and Milne, B. (1989) *The Next Generation - Lives of Third World Children*. Zed Books Ltd, London UK.

UNIV/MAIN LONG 362.7 ENN

Farmer F (1999). *Infections and inequalities: the modern plagues*. Berkeley London: University of California Press.

STOCKTON 306.461 FAR

Foster GM (1976). Disease etiologies in non-Western medical systems. *Am. Anthropol.* **78**:773-782.

Foster GM and Anderson BG (1978). *Medical Anthropology*. New York: John Wiley & Sons.

LONG 572.614 FOS

Foster GM (1982). Applied Anthropology and International Health: retrospect and prospect. *Human Organisation* **41**(3):189-197.

Hahn RA (Ed.) (1999). *Anthropology in Public Health – Bridging Differences in Culture and Society*. Oxford: Oxford University Press.

Harrison GA and Waterlow JC (eds.) (1990). *Diet and Disease*. Cambridge: Cambridge University Press.

UNIV/MAIN LONG 572.5 SOC(30)

Hunt, L.M., Jordan, B. and Irwin, S. (1989). Views of what's wrong: Diagnosis and patient's concepts of illness. *Soc. Sci. Med.* **9**: 945-956.

Kleinman, A. (1980). *Patients and Healers in the Context of Culture*. University of California Press.

UNIV/RES SHORT 572.301.196 KLE

UCS

OVN 362.1042 KLE

Kohn T and McKechnie R (Eds.) (1999). Extending the Boundaries of Care – Medical Ethics and Caring Practices.

Kroeger, A. (1983). Anthropological and socio-medical health care research in developing countries. Soc. Sci. Med. **17**: 147-.

Kroll-Smith S, Brown P and Gunter VJ (2000). Illness and the environment: A reader in contested medicine. New York: New York University Press.

STOCKTON 615.902 ILL

Justice J (1984). Can socio-cultural information improve health planning? a case study of Nepal's assistant nurse-midwife. Soc. Sci. Med. **19**(3):193-8.

Justice J (1986). Policies, Plans and People: Culture and Health Development in Nepal. Berkeley: University of California Press. MAIN 614 (541.35) JUS

Justice J (1986). Policies, Plans and People: Foreign Aid and Health Development. Berkeley: University of California Press.

UCS 361.1095496 JUS

Justice J (1999). Neglect of cultural knowledge in health planning: Nepal's assistant nurse-midwife program. In Hahn RA (Ed.) Anthropology in Public Health – Bridging Differences in Culture and Society. Oxford: Oxford University Press, pp.327-44.

Last M (1981). The importance of knowing about not knowing. Soc. Sci. Med. **15B**: 387-392.



Mascie-Taylor CGN (1993). *The Anthropology of Disease*. Cambridge: Cambridge University Press.

MAIN 572.614 ANT

McElroy A and Townsend PK (1996). *Medical Anthropology in Ecological Perspective*. Boulder: Westview Press.

UNIV/RES SHORT 572.614 MAC

UCS                   OVN 362.1042 MAC

Note: a third edition is out! date = 1996.

Panter-Brick C (1989). Motherhood and subsistence work - The Tamang of rural Nepal. Human Ecology **17**(2):205-228.

Panter-Brick C (1991). Parental responses to consanguinity and genetic disease in Saudi Arabia. Soc. Sci. Med. **33**(11):1295-1302.

Panter-Brick C (1995). Child-care strategies in Nepal: Responses to ecology, demography and society. In: AJ Boyce and V Reynolds (Eds.) Human Populations: Diversity and Adaptation. Oxford: Oxford University Press, pp.174-188.

Panter-Brick C (1992). Women's working behaviour and maternal-child health in rural Nepal. In: Norgan N. (Ed.) Physical Activity and Health. Cambridge: Cambridge University Press, pp.190-206.

MAIN 572.5 SOC 54

Panter-Brick C (Ed.) (1998). Biosocial Perspectives on Children. Cambridge: Cambridge University Press.

Chapter on Health and well-being.

Panter-Brick (2000). Women's work and maternal-child health: Anthropological views on intervention. In: A. Costello and D. Manandhar (Ed.s) Improving Newborn Infant Health in Developing Countries. Imperial College Press, p.135-156.

Podolefsky A and Brown PJ (2001). Applying Anthropology: An Introductory Reader (sixth edition).  
MAIN 572.002 APP

Rogers W Stainton (1991). Explaining health and illness - An exploration of diversity. London: Harvester Wheatsheaf.

UNIV/MAIN LONG 616 ROG

Sargeant C and Johnson T (1996). Medical Anthropology: Contemporary Theory and Method. Praeger: New York.

Sapolsky RM (1994). Why zebras don't get ulcers - A guide to stress, stress-related diseases, and coping. New York: WH Freeman and Company.

UNIV/RES SHORT 159.97 SAP

UCS            OWL 155.9 SAP

Scheper-Hughes, N. (1991). Social indifference to child death. The Lancet **337**: 1144-1147.

Scheper-Hughes, N. (1992). Death Without Weeping - The Violence of Everyday Life in Brazil. University of California Press.

UNIV.MAIN LONG 309.181 SCH

UCS            OWL 309.181 SCH

Shostak M (1990). Nisa: The Life and Words of a !Kung Woman. Earthscan Publications, London (new edition).

UNIV/MAIN LONG 572.9(68) SHO

UCS            CONF 968.1 SHO

Stinson S (Ed.) (2000). Human biology: an evolutionary and biocultural perspective. New York: Wiley-Liss.

STOCKTON 599.9 HUM

Thomas, R.B., Leatherman, T.L., Carey, J.W. and Haas, J.D. (1988). Biosocial consequences of illness among small scale farmers - a research design. In K.J. Collins and D.F. Roberts, Capacity for work in the tropics, Cambridge University Press, pp.249-276.

UNIV/MAIN LONG 5722.5 SOC(26)

Trevathan WR, Smith EO, McKenna JJ (Eds.) (1999). Evolutionary medicine.

7 copies

Unger, J-P. and Killingsworth, J.R. (1986). Selective primary health care: a critical review of methods and results. Soc. Sci. Med. 22:1-13.

Available in Anthropology Department's reprint box.

Wuyts M, Mackintosh M and Hewitt T (1992). Development, Policy and Public Action.

UNIV/MAIN LONG 338.9

UCS            OVN 360.91724 WUY

## **RECOMMENDED JOURNALS**

I recommend browsing through recent issues of Social Science and Medicine and Medical Anthropology Quarterly